

**JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN  
(AUTONOMOUS),  
AFFILIATED TO MOTHER TERESA WOMEN'S UNIVERSITY, KODAIKANAL,  
PERIYAKULAM, THENI.**



**UNIT VIII**

**NATIONAL SERVICE SCHEME**



**ANNUAL REPORT 2024 -2025**

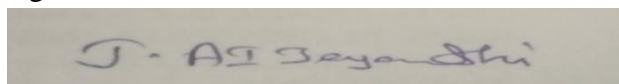
## PROFORMA FOR NSS PROGRAMME OFFICERS

S. No	Particulars	Details
1.	Name of Programme Officer	Dr. Mrs. J. Arul Irudaya Jeyanthi
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	JayarajAnnapackiam College for Women (Autonomous), Periyakulam, Theni Dt-625601.
5.	College Email Address	<a href="mailto:principal@annejac.ac.in">principal@annejac.ac.in</a>
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	8
8.	Mobile No (NSS PO)	9942584390
9.	Email ID (NSS PO)	ajeyanthitam@annejac.ac.in
10.	Whether attended NSS 7 days ETI Training	Yes / No
11.	Number of year Experience as NSS P.O	<b>1</b>
12.	Name of the Village Adopted	Anna Nagar Colony
<b>Social Media Account Details of the NSS Unit</b>		
1.	Twitter ID	@NSS UNIT VIII JAC
2.	Instagram ID	Nssunit8jac
3.	Face book ID	@NSS UNIT VIII JAC

Name: Dr. Mrs. J. Arul Irudaya Jeyanthi

Designation: Assistant Professor

Signature:



## **PROFORMA FOR NSS STAFF ADVISORS**

S.No	Particulars	Details
1.	Name of Staff Advisor	Mrs. B. Vaishnavi
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Theni Dt-625601.
5.	College Email Address	<a href="mailto:principal@annejac.ac.in">principal@annejac.ac.in</a>
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	8 <sup>th</sup>
8.	Mobile No (NSS staff advisor)	8778315033
9.	Email ID	vaishnaviche@annejac.ac.in
10.	Department	Chemistry
11.	Number of year Experience	3
12.	Name of the Village Adopted	Anna Nagar Colony

Name: Mrs. B. Vaishnavi

Designation: Assistant Professor

*B. Vaishnavi*

Signature

**On 6<sup>th</sup> Day – 1 Hour**

**On Saturday – 3 Hours**

<b>Regular Activities</b>	<b>Special Activities</b>
<ul style="list-style-type: none"><li>✓ Conducting NSS Theory Classes</li><li>✓ Conducting Awareness Programmes</li><li>✓ Celebrating Commemorative Days</li><li>✓ Cleaning activities inside the campus and adopted villages</li><li>✓ Watering Vitamin C – Fruit Trees Garden</li><li>✓ Discarding Waste leaves and ensuring plastic free campus (Solid Waste Management)</li><li>✓ Providing vocational training to female children and women in the adopted villages</li></ul>	<ul style="list-style-type: none"><li>❖ 7 Days Special Camp</li><li>❖ Observance of<ul style="list-style-type: none"><li>● Swachh Bharat Mission</li><li>● Fit India</li></ul></li><li>❖ Seminars</li><li>❖ Awareness Programmes related to the observance days mentioned in the academic calendar.</li><li>❖ Celebrating Independence Day inside the College campus and the adopted villages.</li><li>❖ Raising awareness among students about societal concerns by conducting street plays, rallies, and other activities, and by organizing competitions on topics like World Population Day etc.</li><li>❖ Tree Saplings Plantation in the adopted villages.</li><li>❖ Conducting meetings with the panchayat officials in our college and convene Advisory Meetings.</li><li>❖ Attending Refresher Training Programmes for Professors.</li><li>❖ Undertaking Projects related to NSS.</li><li>❖ Organizing free medical camps that includes general health check -up, dental check-up, etc in the adopted villages.</li><li>❖ Cleaning the public toilets.</li><li>❖ Installing dustbins in the adopted villages.</li><li>❖ Constructing toilets in the adopted villages.</li><li>❖ Connecting the rural women with self-help groups.</li><li>❖ Identifying the dropout students around the villages and helping them continue their education.</li></ul>

**U. G. PROGRAMME OUTCOMES**

**UPON COMPLETION OF THIS PROGRAMME THE STUDENTS WILL BE ABLE TO**

<b>PO. NO.</b>	<b>UPON COMPLETION OF THIS PROGRAM THE STUDENTS WILL BE ABLE TO</b>
1.	Gain theoretical knowledge and apply the expertise in different fields.
2.	Acquire industry specific skills and can emerge as entrepreneurs.
3.	Develop critical and rational thinking to solve societal issues.
4.	Explore the knowledge and acclimatize it in the ever changing work environment.
5.	Evolve theories and develop innovative discipline specific ideas.
6.	Comprehend the nuances and develop innovative, discipline-specific ideas.

### **U. G. PROGRAMME SPECIFIC OUTCOMES**

#### **UPON COMPLETION OF THIS PROGRAMME THE STUDENTS WILL BE ABLE TO**

<b>PSO. NO.</b>	<b>UPON COMPLETION OF THE PROGRAM THE STUDENTS WILL BE ABLE TO</b>	<b>PO MAPPED</b>
PSO-1	Get knowledge about National Service Scheme.	PO-1
PSO-2	Acquire leadership skills and readiness to serve the society.	PO -2
PSO-3	Enhance perspectives of social issues in different point of views Think and act effectively in a critical situation.	PO-3
PSO-4	Develop positive attitude towards betterment of the society through voluntary service.	PO-4
PSO-5	Preserve nature, ethos and traditions and practices of the society.	PO-1

## NATIONAL SERVICE SCHEME

**Semester: I**

**Code: 23STPNS01**

**COURSE OUTCOMES:**

**Hours: 2**

**Credits: 2**

CO. NO.	UPON COMPLETION OF THIS COURSE THE STUDENTS WILL BE ABLE TO	PSO ADDRESS ED	COGNITIVE LEVEL
CO – 1	Acquire the basic knowledge about NSS	PSO-1	K1, K2
CO – 2	Uphold the value system based on the social, political and moral bases	PSO-1, PSO-2	K3
CO – 3	Understand and identify the needs of the society	PSO-1, PSO-2, PSO - 4	K2, K4
CO – 4	Develop the capacity to meet emergencies and attain knowledge to concentrate on personal health and hygiene	PSO2-, PSO-4 PSO-5	K5, K6
CO – 5	Face the challenges particularly to become women Entrepreneurs	PSO-1	K3, K6

### RELATIONSHIP MATRIX FOR COURSE OUTCOMES, PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOMES

Semester : I – IV		NATIONAL SERVICE SCHEME										Hours: 240
Code :23STPNS01												Credits: 2
Course Outcomes	Programme Outcomes(PO)						Programme Specific Outcomes(PSO)					Mean Score of CO's
	1	2	3	4	5	6	1	2	3	4	5	
CO1	1	2	3	4	5	6	1	2	3	4	5	3.81
CO2	4	5	4	3	4	3	4	3	4	4	4	3.90
CO3	5	4	4	4	4	4	4	3	4	4	3	3.90
CO4	4	4	5	3	4	4	5	4	3	3	4	4.00
CO5	5	4	4	3	4	4	4	5	4	3	4	3.90
<b>Overall Mean Score</b>											<b>3.90</b>	

**Result:**The Score for this Course is 3.90 (High Relationship)

Note:

Mapping	1- 20%	21-40%	41-60%	61-80%	81-100%
Scale	1	2	3	4	5
Relation	0.0-1.0	1.1-2.0	2.1-3.0	3.1-4.0	4.1-5.0
Quality	Very Poor	Poor	Moderate	High	Very High

## ValuesScaling

Means core of Cos= $\frac{\text{Total of Values}}{\text{Total No.of Pos \& PSOs}}$	Mean Overall Score for Cos= $\frac{\text{Total of Mean Scores}}{\text{Total No.of Cos}}$
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### UNIT I: BASICS OF NSS

Introduction – History and Growth – Aim and Objectives – NSS Motto – NSS Symbol - NSS Badge–NSS Day - Code of Conduct- NSS Regular Activities & SpecialCamp.

### UNIT II: PERSONALITY DEVELOPMENT

Personality Development – Know Thyself - Body Language-Forming Values Etiquetteand Manner –Team Building and Teamwork– Problems of Youth – Drug abuse - Drug Dependence /Addiction –Alcoholism – Suicide - Sexual Problems – Diseases.

### UNIT III: SOCIAL SERVICE

Aim of Social Service–Social Service Organizations - Social Problems - Need for Social Service - Scope of Social Services- Functions of Social Services - Principles of First Aid - Important things kept in theFirst Aid Box-SnakeBite-DogBite-InsectBite-HeatStroke-Drowning-ElectricShock-ArtificialRespiration–Hemorrhage– Stroke-HeartAttack–Symptoms– Fainting.

### UNIT IV: NUTRITIOUS FOOD AND WOMEN'S HEALTH

Nutrition- Adequacy – Balance - Calorie Management -Dietary Density– Moderation–Variety-Calculation of Calorie Permittance –Calculation of Protein Percentages- Food Sources- Vitamins the Importance of Dietary Nutrition Women's Health

### UNIT V: ECOLOGY AND ROLE OFWOMENINSOCIETY

Environment-Environmental Elements - Environmental concerns- Changing Climate–Global warming– Women achievers-Women's Place in Society –Social Issues against Women-The Ways to Empower Women.

### COURSE BOOK:

Arul Sunila.J, Flora Pauline Mary.V, Preethi.J, Padmasree. A. D, Girija Bai. T, Arul IrudayaJeyanthi.J, Abinaya. D, *NOT ME BUT YOU*, Acca Printing Press, 2022.

### Internal Assessment

Components	Marks
Attendance	20
Assessment (Involvement in activities)	50
Test	30
<b>Total</b>	<b>100</b>

### QUESTION PATTERN

#### NATIONAL SERVICE SCHEME-23STPNS01

Class : II UG

Time : 2 Hours

Date :

Max. Marks: 30

<b>Course Outcome</b>	<b>Bloom's K-level</b>	<b>Q. No</b>	<b>SECTION – A</b> <b>Answer All Questions</b> <b>Internal choice</b>	<b>2x5=10</b>
			<b>SECTION – B</b> <b>Answer any TWO of the following</b>	<b>2x10=20</b>



## MONTH OF JUNE -2024

### INTERNATIONAL YOGA DAY CELEBRATION -24.06.2024

The NSS Unit-VIII Organised International Yoga Day Celebration on 24.06.2024.

The programme created the importance of yoga and demonstrated yogasanas to the NSS volunteers. Totally, 36 NSS volunteers actively participated. Dr. Mrs. J. Arul Irudaya Jeyanthi, Programme Officer and Mrs.B.Vaishnavi, also participated.



### ANTI-DRUG OATH- 26.6.2024

NSS Unit VIII volunteers pledged an oath against drug usage. A total of 45 NSS volunteers actively participated and made the pledge. Dr. Mrs. J. Arul Irudaya Jeyanthi, Programme Officer and Mrs.B.Vaishnavi, Staff Advisor also Participated.



### CLEANING ACTIVITY - 29.06.2024

NSS Unit of VIII conducted a campus cleaning activity on 29.06.2024 from 2.00 p. m -3.30 p. m. The second year NSS volunteers cleaned the sapling planted area and watered the saplings. Totally, 36 NSS volunteers actively participated. Dr. Mrs. J. Arul Irudaya Jeyanthi, Programme Officer and Mrs.B.Vaishnavi, Staff Advisor supervised the cleaning activity.



### **HELPING HANDS OF NSS VOLUNTEERS IN ADMISSION 2024-2025**

NSS volunteers from all the units VIII helped and canvassed the 12<sup>th</sup> std passed out students to join in Jayaraj Annapackiam College for Women (Autonomous), Periyakulam in various disciplines. Out of the untired effort of NSS volunteers 3 students got admitted in the college.

#### **Admission details – 2024 -2025**

Unit	Name of the NSS Volunteer	Newley joined Student	Major	Total
VIII	1. C. Inthirani	1. M. Aarthi 2. S. Nivetha	1.B. Voc (Health Care) 2.B.Sc Chemistry	3
	2. A. Aswini	1.N. Krishna Priya	1. B. Voc (Health Care)	

### **MONTH OF JULY-2024**

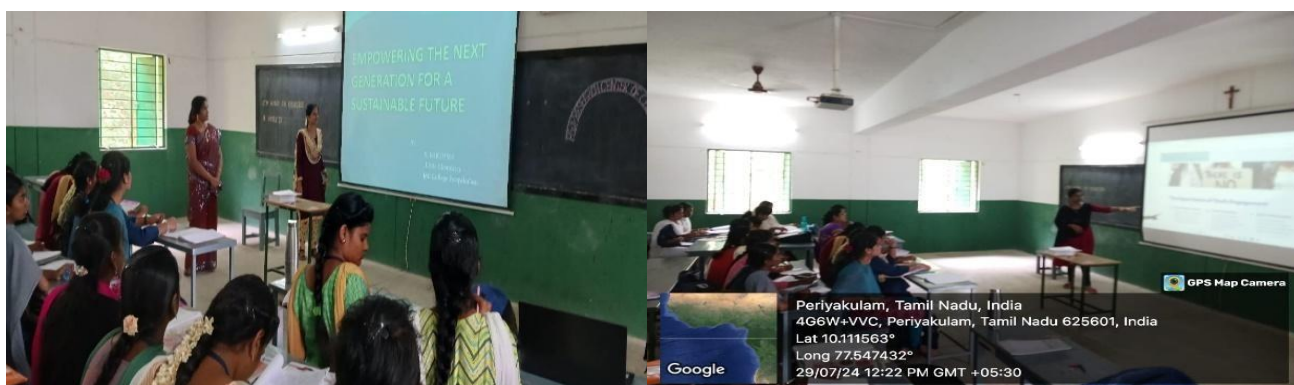
#### **NSS ORIENTATION PROGRAMME-06.07.2024**

NSS Unit - VIII of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, organized orientation programme .This event highlighted on the principles and values, teamwork and leadership, social issues and impact that create an effective change for the people in the village. 40 NSS volunteers actively participated and benefited.



## **WORLD POPULATION DAY COMPETITION - 29.07.2024**

In connection with World Population Day, the National Service Scheme of JAC Unit VIII conducted a PowerPoint presentation competition on the theme of "Empowering the next generation for a sustainable future" on 29.07.2024 at 3.00 PM. A total of 05 NSS volunteers actively participated in this competition. Dr. J. Arul Irudaya Jeyanthi, NSS Programme Officer and Mrs. B. Vaishnavi, Staff Advisor, conducted this competition. R. Karthika, II B.Sc. Chemistry won the first prize and A. Abinaya, II B.Sc. Chemistry won second prize.



## **SPECIAL EMPHASIS ON YOUTH WELFARE SCHEMES 30.07.2024**

NSS Unit - VIII of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, organized a lecture on the Union Budget - 2024, with a special emphasis on Youth Welfare Schemes on 30.07.2024 in Room No: 76 at 3 p.m. B.Vaishnavi, Staff Advisor, highlighted the various youth welfare schemes introduced by the Indian government in the Union Budget. Overall, 35 NSS volunteers actively participated and benefited.



## **KARGIL VIJAY DIWAS - 2024 \* - 30.07.2024**

NSS Unit - VIII of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, organized a special programme on Kargil Victory Day 1999 on 30.07.2024 in the College Campus at 3.00 pm. Unit VIII NSS volunteers saluted were paid to honor the bravery of the Kargil war soldiers. Totally 26 NSS volunteers actively participated. Dr.Sr.J.Arul Irudaya Jeyanthi, NSS Programme Officer, conducted this programme



## MONTH OF AUGUST 2024

### A MEETING WITH THE PANCHAYAT PRESIDENT-09.08.2024

A meeting was conducted with Mr. M. Pandiyan, Panchayat President, Entapulli on 09.08.2024 regarding the special camp and celebration of Independence Day in the adopted villages. In the meeting, the situation of adopted villages and support needed to conduct camp was discussed. The Unit-VIII NSS Program Officer Dr.Sr.J.Arul Irudaya Jeyanthi participated in the meeting.



### MASS PLEDGE AGAINST DRUGS - 12.08.2024

The NSS VIII Unit of Jayaraj Annappackiam College for Women (Autonomous), Periyakulam administered a mass pledge against drugs under the theme for this year's "Viksit Bharat ka Mantra, Bharat ho Nashe se Swatantra" on 12.08.2024 9.15 am. Around 50 students took the pledge.



### INDEPENDENCE DAY CELEBRATION - 15.08.2024

The National Service Scheme of JAC, Unit VIII celebrated the 78<sup>th</sup> Independence Day at the Panchayat Union Middle School, E. Puthukottai on 15.8.2024 at 9 a.m. Mrs. Swarnalatha, Headmistresses, Panchayat Union Middle School, E.Puthukottai hoisted the national flag and gave a special speech. Followed by that, the NSS volunteers of Unit VIII performed the song and verses on the theme of “Patriots of Liberty”. Sweets were served to everyone and the meeting ended happily with National Anthem.



**Jayaraj Annapackiam College for Women (Autonomous),  
Periyakulam  
National Service Scheme  
Circular – 12.08.2024**

In Connection with Independence Day, NSS going to celebrate Independence Day in their respective villages and Schools.

G. Anil Indraya Jayanthi  
NSS Program Officer

*[Signature]*  
Principal

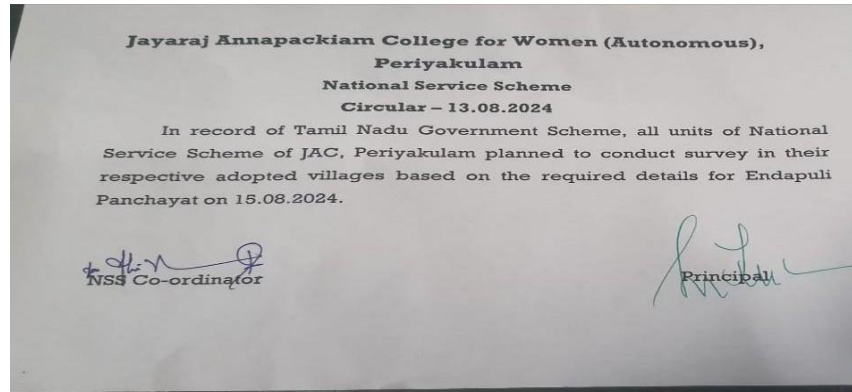
**SHEEP VISIT- 15.08.2024**

In the last year special camp programme, through Good Shepard Talent scheme 04 sheep were distributed to 04 beneficiaries from the adopted village of Anna Nagar Colony. Today, programme officer and volunteers went to the beneficiaries houses and inquired the sheep have grown.



## **SURVEY AT ADOPTED VILLAGE FOR GOVERNMENT SCHEME BENEFITS - 15.08.2024**

On 15.08.2024, NSS Unit VIII of JAC surveyed their adopted village, Anna Nagar Colony. The purpose of the survey was to gather information about the number of widows, individuals abandoned by their spouses, and third-gender individuals living in the village, as per the requirements of the Government Scheme for the Endapuli panchayat.



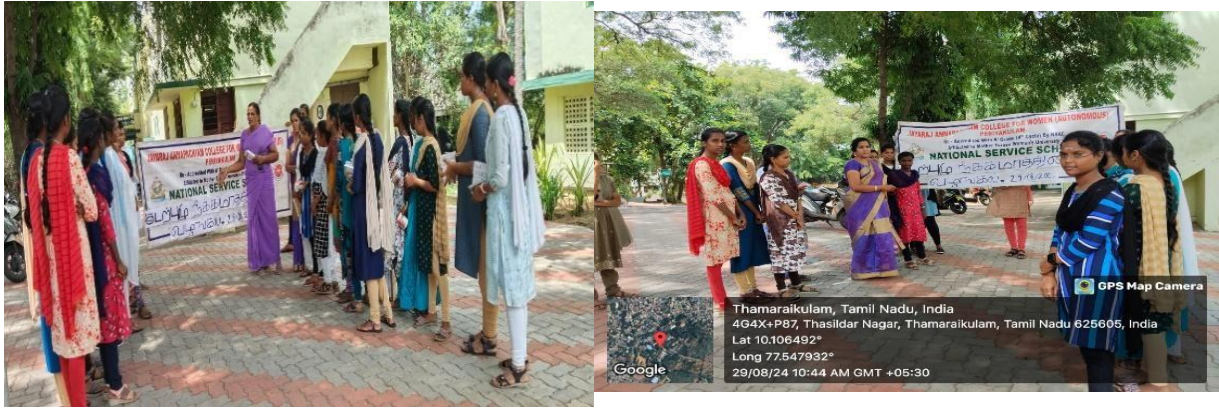
## **RURAL IMMERSION PROGRAMME - 15.08.2024**

On 15.08.2024, NSS Unit VIII of JAC adopted the Alagamal family from Anna Nagar Colony under the Rural Immersion Programme (RIP).



## **NUTRITION AND HEALTH SUPPLEMENTS DISTRIBUTION PROGRAMME 29.08.2024**

NSS Unit VIII of Jayaraj Annapackiam College for Women, Periyakulam organized a nutrition and health supplements distribution programme. The following tablets as Folic acid for healthy blood cells function and Albendazole for worm infestation were distributed to the NSS volunteers on 29.08.2024 at 10.00 am. Totally, 20 NSS volunteers participated and benefited from the programme. Dr. J. Arul Irudaya Jeyanthi, NSS Programme Officer organized the programme.



### **CLEANLINESS ACTIVITIES 31.08.2024**

NSS Unit VIII conducted a campus cleaning activity on 31.08.2024 at 2.00 – 3.30 pm. The first & second year NSS volunteers cleaned the college campus and the garden made the clean and tidy. Totally 30 NSS volunteers were actively participated in the cleaning activity. Dr. Mrs. J. Arul Irudaya Jeyanthi, Programme Officer and Mrs.B.Vaishnavi, Staff Advisor supervised the cleaning activity.



### **MONTH OF SEPTEMBER -2024 CLEANING ACTIVITY 03.09.2024**

NSS Unit VIII conducted a campus cleaning activity on 03.09.2024 at 3.00 – 4.00 pm. The first & second year NSS volunteers cleaned the college campus to keep it tidy. Totally 40 NSS volunteers actively participated in the cleaning activity. Dr. Mrs. J. Arul Irudaya Jeyanthi, Programme Officer and Mrs.B.Vaishnavi, Staff Advisor supervised the cleaning activity.



### **NSS SPECIAL CAMP PRE-PLANING DISCUSSION - 03.09.2024**

The National Service Scheme of JAC, Unit VIII, discussed and planned about the NSS special camp on 03.09.2024 at 3 p. m in Room No: 33. Totally 30 second year NSS volunteers actively participated. Dr. J. Arul Irudaya Jeyanthi, Programme Officer and Assistant Professor of Tamil and Mrs. B. Vaishnavi, Advisor and Assistant Professor of Chemistry supervised the programme.

### **CLEANLINESS ACTIVITIES 13.09.2024**

NSS Unit VIII conducted a campus cleaning activity on 13.09.2024 at 3.00 – 4.00 pm. All the NSS first & second year volunteers cleaned the college campus to make it tidy. Totally 38 NSS volunteers actively participated in the cleaning activity. Dr. Mrs. J. Arul Irudaya Jeyanthi, Programme Officer and Mrs.B.Vaishnavi, Staff Advisor supervised the cleaning activity.



### **TREE PLANTATION DRIVE: 18.09.2024**

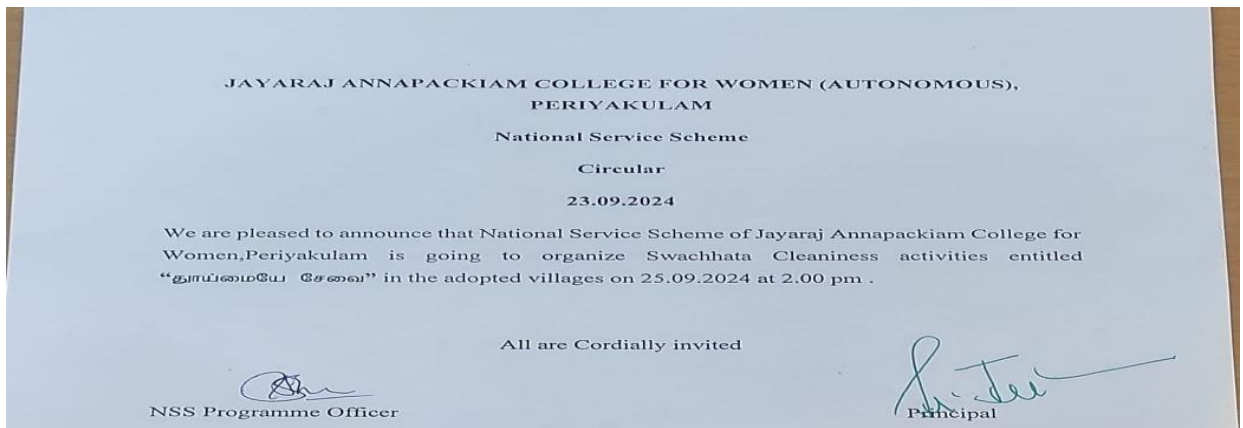
Ministry of Environment instructed to organize tree plantation Drive, the VIII National Service Scheme of Jayaraj Annapackiam College for Women, Periyakulam in which Unit VIII has organised an Awareness Programme “A one day special plantation drive on 18.09.2024 within the college campus, commencing at 3:00 PM. The initiative witnessed the active participation of dedicated NSS volunteers who enthusiastically planted saplings. Trees are the foremost source of producing oxygen in the environment, they help to reduce the level of carbon dioxide. As we all know that the whole world is facing the problem of global warming and to recover from such problems tree plantation has become one of the most important actions today. A total of 35 NSS volunteers participated. All the NSS programme Officers and Staff Advisers organised the programme.





### **SWACHATA CLEANLINES ACTIVITY :25.09.2024**

The National Service Scheme Unit VIII of Jayaraj Annapackiam College for Women, Periyakulam, Endapuli panchayat, involved in the removal of plastic waste Anna Nagar. They met the people of the area and involved in door to door work of removing plastic from these places. At the end of the event, 30 kg of plastic was collected and given to Mr. Murugan and Mr. Ravichandran Nesam Charitable Organization, T.Kallipatti for plastic recycling. Manjapai awareness and then the pledge was taken. 40 NSS volunteers participated in this event. Dr. Mrs. J. Arul Irudaya Jeyanthi, Programme Officer and Mrs.B.Vaishnavi, Staff Adviser also part of this activity.



## **NSS DAY CELEBRATION - 25.09.2024**

The National Service Scheme of JAC Unit VIII celebrated NSS Day on 25.09.2024 at 3:00 PM. The NSS volunteers shared the significance of the NSS through engaging performances in song and poetry. A total of 20 NSS volunteers actively participated in the event. The programme was conducted by Mrs. B. Vaishnavi, staff advisor, who guided the volunteers and ensured the event's success.



## **MONTH OF OCTOBER-2024**

### **FREE CLOTHES DISTRIBUTION CAMPAIGN"-16.10.2024**

The National Service Scheme Unit-VIII, Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, in collaboration with Jeevanathi Charitable Trust, Bangalore organised a "Free Clothes Distribution Campaign" surrounding the villages of Endapulli Panchayat which includes E. Pudukottai, Anna Nagar on 16.10.2024. The beneficiaries include the poor and destitute widows, physically challenged and senior citizens from the villages. The programme was presided by the Principal Rev. Sr. Dr. S. Jesurani, the Secretary, Rev. Sr. Dr. R. Shantha Mary Joshitta, Mother Superior, Rev. Sr. Dr. Fathima Mary Sylvia and Panchayat President, Mr. Pandian. Along side, Bro. Augustin, Founder of Jeevanathi Charitable Trust and its members, Mrs.chema permandis, Mrs. Rosy, Mrs. Rohini Sunitha, Mr. John Anitic Harry and Mr. Renny Thomas served as the Guests of Honour and offered free woollen blankets to the needy people. Also, they donated Rs, 15,000 worth goats to three students' families from JAC who lost their fathers. 25 NSS volunteers, Dr. Mrs. J. Arul Irudaya Jeyanthi, Programme Officer and Mrs.B.Vaishnavi, Staff Advisor participated in the event.



## **MONTH OF DECEMBER-2024**

### **GUEST LECTURE 18.12.2024**

NSS Unit VIII of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam organized a special guest lecture on 18.12.2024 in room no.33 at 3.00 pm. Dr. G. Francis Catherin, Head and Associate Professor of Tamil ,Jayaraj Annapackiam College for Women (Autonomous), Periyakulam served as resource person and delivered a talk on “Youth Development”. She explained how to develop in our Nation through Education, Civil Engagement, Social and Economical empowerment. Totally 30 NSS volunteers were actively participated and benefited. Dr.J.Arul Irudaya Jeyanthi, NSS Programme Officer and Mrs. Kanagavalli, Staff Advisor conducted this programme.



## MONTH OF JANUARY

### CLEANING ACTIVITY – 10.01.2025

The National Service Scheme of JAC, Unit VIII conducted the campus cleaning activity from 3.00 p.m. to 4.00 p.m. on 10.01.2025. The NSS volunteers from all the units actively participated in the cleaning activity and restored the tidiness of the allotted places for cleaning. Overall, 35volunteers, Dr. Mrs. J. Arul Irudaya Jeyanthi, Programme Officer and Mrs.B.Vaishnavi, Staff Advisor supervised the cleaning activity.



### PONGAL CELEBRATION – 11.01.2025

The National Service Scheme of JAC, Unit VIII celebrated Pongal, the Harvest Festival on 11.1.2025 in the college premises. The volunteers participated with great enthusiasm and the event promoted cultural heritage, unity and the spirit of service among the volunteers and the community. Around, 40 volunteers took part in the celebration.



### **REPORT ON FREE CLOTHES DISTRIBUTION CAMPAIGN - 25.01.2025**

The National Service Scheme Unit -VIII of Jayaraj Annapackiam College for Women, Periyakulam, in collaboration with Jeevanadhi Charitable Trust, Bangalore, organized a free clothes distribution campaign at Nayagam Middle School, Kallipatti. Clothes were distributed to 147 students. Dr.J.Arul Irudaya Jeyanthi, Assistant Professor of Tamil, Programme Officer, organized the programme.



### **REPUBLIC DAY CELEBRATION-26.01.2025**

The National Service Scheme, Unit-VIII of Jayaraj Annapackiam College for Women celebrated the Republic Day inside the College premises on 26.1.2025. It was a memorable event that highlighted the patriotic spirit and cultural diversity. The involvement of the NSS volunteers demonstrated a strong sense of responsibility and commitment to national values, making the celebration meaningful and inspiring. Rev. Sr. Dr. S. Jesurani, Principal, Rev. Sr. Dr. R.Shantha Mary Joshitta, Secretary and Rev.Sr.Dr.R.Fatima Mary Silvia, Mother Superior of the College presided over the Programme. Rev.Sr. Dr. S. Jesurani hoisted the national flag and delivered the Republic Day message. Programme Officer Dr. Arul Irudhaya Jeyanthi organized the event.



### **SPECIAL AWARENESS PROGRAMME-27.01.2025**

The National Service Scheme of JAC, Unit-VIII in collaboration with Tamil Nadu State Rural Livelihoods Mission organize an Awareness programme on “Menstrual Hygiene Training” on 27.01.2025. The resource person Mrs. Nandhini, TNSRLM, Periyakulam, and Mr.A. Arivalagan, Assistance Program Officer, Theni, delivered a talk on the importance of maintaining proper hygiene during menstruation. The session covered essential topics such as the menstrual cycle, the use of sanitary products, and the prevention of infections through proper hygiene practices. The lecture emphasized the significance of regular hygiene routines, access to clean facilities, and the use of eco- friendly and sustainable menstrual products. Totally, 30 NSS volunteers participated and benefitted. Programme Officers, Dr. Arul Irudhaya Jeyanthi and Staff Advisors Mrs. C.Kanagavalli participated in the event.



## Oath Administration- Martyr's Day-30.1.2025

The NSS Unit-VIII Students was taken pelage for Martyr's Day on 30.01.2025



## MONTH OF FEBRUARY

### NAPKIN DISTRIBUTION- 07.02.2025

The NSS Unit-VIII of Jayaraj Annapackiam College for women (Autonomous) , Periyakulam, organized napkin distribution programme on 07.02.2025 at 2.00 pm. Totally 200 students are benefited. Programme officer Dr.Mrs. J.Arul Irudaya Jeyanthi and the staff adviser Mrs.C. kanagavalli organize the programme.



### CLEANING ACTIVITY – 12.02.2025

The NSS Unit VIII organized a campus cleaning activity on 12.02.2025 at 3.00 – 4.00 pm During this activity, Unit-VIII first-year NSS volunteers focused on cleaning the area from back side of staff quarters road to in front of Department of chemistry. A total of 25 enthusiastic volunteers actively participated in this endeavor, showcasing their dedication to maintaining a clean and healthy environment. The cleaning drive was meticulously supervised by the NSS Unit VIII programme officer and staff adviser.



## **DEWORMING TABLET DISTRIBUTION PROGRAMME 13.02.2025**

NSS Unit VIII of Jayaraj Annapackiam College for Women, Periyakulam organized a nutrition and health supplements distribution programme. During this event, Albendazole for deworming tablet distributed distributed to the NSS volunteers on 13.02.2025 at 03.00 pm. Totally, 30 NSS volunteers participated and benefited from the programme. Dr. J. Arul Irudaya Jeyanthi, NSS Programme Officer organized the programme.



## **NSS EXAMINATION - 20.02.2025**

All the NSS Unit VIII conducted the National Service Scheme examination for the second year NSS students on 20.02.2025 from 2.00 pm - 5.00pm. Totally 49 NSS volunteers attended and VIII Programme officer and staff adviser served as invigilators.



## **MONTH OF MARCH -2025**

### **INTERNATIONAL WOMEN'S DAY-FANCY DRESS COMPETITION -12.03.2025**

The NSS unit –VIII of Jayaraj Annapackiam College for women's (Autonomous), Periyakulam, organized a fancy dress competition to celebrate International Women's Day on 12.03.2025 at room no.33. The event concluded with a pledge to promote gender equality and women's rights. Totally, 40 NSS volunteers participated and the following students won prizes.

<b>S. No.</b>	<b>Students Name</b>	<b>Prize</b>
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1	A.Apsara Fathima	I
2	V.Suganya	II
3	P.Pradhipa	III



## **LETS US UNITE AND STRIVE FOR EQUALITY- MASS RALLY-22.03.2025**

The NSS unit –VIII of Jayaraj Annapackiam College for Women ( Autonomous), Periyakulam collaborated with Theni District Police for Social Justice and Human Rights Division, conducted a rally and awareness programme on human rights on 22.03.2025. The event titled “**Lets us Unite and Strive for Equality**” 29 NSS Volunteers actively participated in rally from JAC campus to Periyakulam. N.Sugumar., Superintendent of Police, Women and Child Care Division, Theni District welcomed the gathering. The event was headed by the special talks of Rev.Sr. Dr.S. Jesurani., the Principal, JAC and Honourable. Shiva Prasad, IPS., Theni district. NSS Volunteers query session is a remarkable note with the Honourable Swarnam. J. Natarajan, M.L., Principal District Judge of Theni.

Thiru. C.Nallu, Superintendent of Police, Periyakulam. Thirumathi.G.Anuradha ., LL.M., MLS, Judge at Court Session, Division for Scheduled Caste and Scheduled Tribes.Thiru.K.Kamalanadhan., B.Sc., BL., Criminal Justice Magistrate., Periyakulam., Thirumathi. S. Sameena., B.A., LL.B., Additional District Judge., Periyakulam.t Thiru.G.N. Saravana Kumar., M.A., BL., Judicial Magistrate, Theni. Thiru. R.Ezakivel., B.B.E., B.L., Special Public Prosecutor., Theni District honoured this programme with much social responsibility. Thiru.P.Kanagaraj., Deputy Superintendent of Police., Social Justice and Human Rights Division., Theni District delivered vote of thanks.





## MONTH OF APRIL-2025

### NSS ROOM CLEANING ACTIVITY-01.04.2025

The NSS Unit-VIII organized a room cleaning activity on 01.04.2025 . A total of 25 enthusiastic Volunteers actively cleaned the NSS room, which included dusting furniture, organizing materials, removing waste, and sanitizing the area. The cleaning drive was meticulously supervised by the NSS Unit VIII programme officer and staff adviser.



### Dr. B.R. AMBEDKAR'S BIRTHDAY CELEBRATION -04.04.2025

In Connection with Dr.Ambedkar's Birthday Celebration the NSS Unit VIII ,in collaboration with Department of BCA Conducted an Online Quiz Competition for NSS Volunteers of JAC on 04.04.2025.The Students who scored above 50% of marks and received Certificates, under the guidance Of Dr. J. Arul Irudaya Jeyanthi, NSS Programme Officer and Mrs.C.Kanagavalli, Staff Advisor.



## **RURAL IMMERSION PROGRAMME REPORT 2024-2025**

The National Service Scheme (NSS) special camp was organized by Jayaraj Annappackiam College for Women (Autonomous), Periyakulam, from November 14.11.2024 to 20.11.2024. As part of the Rural Immersion Programme, NSS volunteers engaged in various activities to understand rural life and support the well-being of local communities. On 14.11.2024, Unit VIII visited their adopted village, Anna Nagar Colony, Selvi. Aswini, II B.Sc. Zoology, nominated for the RIP programme. On the first day I interacted with Mrs. Alagammal, an 85-year-old widow without children, who lives in a hut made of plastic sheets. Her primary source of help is her younger brother, who provides her with food. So, I took on the responsibility of assisting Mrs. Alagammal with her daily needs, making a significant effort to enhance her quality of life.

### **RURAL IMMERSION PROGRAMME - 15.11.2024**

On 15.11.2024, I washed the dishes after meals to keep the kitchen tidy as part of my household chores.



### **RURAL IMMERSION PROGRAMME - 16.11.2024**

On 16.11.2024, I assisted in cleaning and organizing the elderly woman's home to ensure it was comfortable and safe for her. By helping her maintain a clean and organized living space, I aimed to improve her daily life and create a more pleasant environment.



### **RURAL IMMERSION PROGRAMME - 17.11.2024**

On 17.11.2024, I assisted the elderly woman by providing drinking water and

ensuring she had an adequate supply for her household needs.



### **RURAL IMMERSION PROGRAMME - 18.11.2024**

On 18.11.2024 , I supported the elderly woman by offering her clothing.



### **RURAL IMMERSION PROGRAMME -19.11.2024**

I assisted the elderly woman by providing her with food.



### **DISTRIBUTION OF FREE BLANKETS - 19.11.2024**

On 19.11.2024 at 9:00 a.m, I offered a free blanket to Alagammal.



