

NSS Annual Report

2019-2020

June -2019

- In collaboration with SARWODEEP organized a free medical camp for the widows in Kallipatti and Thamaraiikulam village on 23rd June, 2019. Rotary Club at Periyakulam sponsored free medicines. Free medical checkup was given by Dr. Selvaraj and Dr. Moorthi, members of the Rotary club of Periyakulam. Dr. Sr. Fatima Mary Sylvia and Nearly 200 widows from Kallipatti and Thamaraiikulam was benefited by this camp.



- ◆ ‘International Yoga Day’ was celebrated in Jayaraj Annapaciam College for Women (Autonomous), periyakulam, by the NSS volunteers for 3 days from 19th to 21st June, 2019. Mrs. Mageshwari, Assistant Professor, International Scout Organization, Dindigul District, demonstrated Yoga and trained the NSS volunteers for 3 days from 7.30 a.m. to 8.00 a.m.

Seven various Competitions based on yoga such as Slogan Writing, Speech Competition, Poster Making, Essay Competition, Dance, Debate and Demonstration of yoga Competitions were conducted by the Seven Units of NSS, from 19th to 21st June, 2019 at 3-4 p.m.

On 21st June 2019, the day of ‘International Yoga Day’, the NSS programme coordinator and NSS programme officer Dr. Sr. Fatima Mary Sylvia welcomed the 350 NSS Volunteers. Dr. Sr. S. Jesurani, the Principal highlighted the merits of Yoga for the well being of mankind. Students learned Yoga with interest and have the mind set to practice daily.

The seven NSS Programme officers,

1. Dr. Sr. Fatima Mary Sylvia
2. Dr. Mrs. Kalanithi
3. Dr. Mrs. Anusha Anjel
4. Dr. Mrs. Sahaya Grace
5. Mrs. Akina Barvin
6. Dr. Mrs. Selvi and
7. Mrs. Rani distributed books as prizes to the winners of the seven competitions conducted.

Prize winners are

Article Writing

I - Prize - R. Mohana Priya (II - Phy (R))

II - Prize - G. Pandiselvi (II - Phy (R))

Speech

I - Prize - M. Santhana Lakshmi (II - Phy (R))

II - Prize - V. Divyadharshini (II - Phy (R))

Poster Making

I - Prize - P. Mahalakshmi (II - B.Com (CA))

II - Prize - V. Divya Sharshini & G. Nagadharshini (III - Phy (R))

Slogan Writing

I - Prize - N. Krishnapriya (II - Maths (R))

II - Prize - S. Sivasowmiya (II - Eng (R))

Yoga Demonstration

I - Prize - K. Bala Gayathri (II - Maths (CA))

II - Prize - D. Praveena (III - Che)

Dance

I - Prize P. Divya (II - Che)

II - Prize - R. Moniha (II - Che)

Quiz

I - Prize Ajurammal (II - Che)

II - Prize - C. Jeevitha (III - Che)

About 350 NSS volunteers benefited out of Yoga awareness programme. K. Balagayathri, IInd year NSS volunteer proposed vote of thanks in the valedictory function.





July – 2019

- ◆ On 4th July, 2019, Dr. Arockiam Thaddeus, Associate Professor, Department of Zoology and Dr. A. Mary Anbarasi, Associate Professor, Department of Chemistry delivered a talk on **‘Solid Waste Management’**. Practical Session was conducted through videos. All the NSS Volunteers were actively participated.



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- ◆ On 5th July, 2019, using **Vegetable Waste solid waste management** was created in the college campus by NSS volunteers. NSS Program officers Dr. Sr. R. Fatima Mary Sylvia and Dr. Sakaya Gracy directed the NSS Volunteers to mix vegetable waste and solid.



- ◆ On 6th July, 2019, two compost pits were created in the college campus by NSS volunteers. **Compost pits** were made by dumping the leaf litter, cow dung and straw materials by the NSS Program officers and the NSS Volunteers. The dumping and mixing were repeated for three weeks.



- ◆ From 6th July, 2019 to 9th July, 2019, creation of **Kitchen Gardening** work was done by the NSS Volunteers in the college campus. On 6th July, 2019, NSS Coordinator Rev. Sr. Fatima Mary Sylvia gave the awareness talk on **Kitchen Gardening** to the NSS volunteers at 2.00 p.m. On 7th July, 2019 Kitchen gardening work under scheme of **Swachh Bharat summer internship 2.0-2019** has been implemented by NSS volunteers in college campus. On 9th July, 2019 NSS volunteers actively participated in preparing the soil and added some natural manure like cow dung and dry leaves to make the soil fertile. The volunteers sowed the seeds in the field. NSS volunteers are continuously watering the field.



- ◆ On 8th July, 2019, NSS Volunteers went to T. Kallipatti, the street cleaning work was done under the scheme of **Swachh Bharat Summer Internship 2.0-2019**. One of the NSS Volunteers demonstrates the process of making **Composite Pit** to the village people.



- ◆ On 10th July, 2019. NSS volunteers presented **Cultural Programmes** on the theme “Cleanliness” under the scheme of Swachh Bharat Summer Internship 2.0-2019 at Nayagam School , T.Kallipatti. Nearly 100 students actively participated and got motivated through Song, Street Play and Speech.



- ◆ On 11th July, 2019, ‘**World Population Day**’ was celebrated in the College Auditorium at 3p.m. The celebration started with prayer. 700 NSS volunteers participated and they took pledge on ‘World Population Day’. Speech competition on ‘World Population Day’ was conducted. Selvi. Divyadharshini - III B. Sc Physics, Selvi. Bala Gayathri - II B. Sc Mathematics won I and II prize respectively. The NSS Program Officer, Dr. Mrs. M. Anusha Anjel, Assistant Professor, Department of History, distributed the prizes to the winners. Mrs. M. Aakina Barveen, Assistant Professor, Department of Commerce, explained the rules and regulation of NSS. Dr. D. Selvi, Assistant Professor, Department of Mathematics delivered vote of thanks.



- ◆ On 22nd July, 2019 **Campus Cleaning** was done by all the NSS Volunteers.



- ◆ On 31st July, 2019 Dr. Sr. R. Fatima Mary Sylvia, NSS Co-ordinator Delivered a talk on **Importance of Current Affairs** to all the NSS Volunteers. She motivated to buy Newspaper and get benefited through the special discount given to college students.



August – 2019

- ◆ On 6th August 2019, In connection with **Jal Sakthi Abhiyan (Water Management)** a Speech, Drawing and Essay Writing **competitions** were conducted at 3p.m. Ms. V. Sumitha, Subject Matter Specialist and Ms. S. Kalaivani Lab Assistant, Jal Sakthi Abhiyan, Theni was the judge of the competitions.



- ◆ On 7th August, 2019 at 3p.m., Dr. S. Thirumurugan Senior Scientist and Head ICAR, KVK-Theni gave a **special talk** about **Water Management (Jal Sakthi Abhiyan)** to all the NSS Volunteers and distributed prizes to the winners of the competitions conducted on 6th August 2019. Mrs. S. Sumitha, Subject Matter Specialist, Plant Protection, Ms.

Kalaivani, Programme Assistant (Lab) and Mr. Maheshwaran, SMS Agronomy, Theni also participated in this programme.



- ◆ On 8th August, 2019, Sr. Jerome Jenifer, Nurse – J.A.College Campus gave a special talk about **Personal Hygiene and Cleanliness** to all the NSS volunteers regarding the observance of **Swachhta Pakhwara (Cleanliness)** at 3p.m.



- ◆ On 9th August 2019, Rev. Sr. R. Fatima Mary Sylvia and Dr. M. Anusha Angel, NSS Program Officers & Mrs. Anitha, and Ms. Suseela, NSS Staff Advisors with 200 NSS Volunteers participated the Inaugural of **Tamaraikulam Pond desilting** along with Viluthugal Iliangar Mantram, Tamaraikulam. Smt. Jeya Birundha, Sub Collector inaugurated the desilting work. NSS Volunteers removed the waste materials and plastics in the Pond (**UBA activity**) from 9.30a.m. to 11.30a.m. School boys from Tamaraikulam Govt. School and Public Sectors participated in this programme.



- ◆ On 14th August 2019, **Blood Identification Camp** was inaugurated by Rev. Sr. Jesurani, Principal, Jayaraj Annapackiam College for Women at 3p.m. It was organized by Rev.Sr. Fatima Mary Sylvia and Dr. M. Anusha Angel, NSS Program Officers & Ms. Jaseema Banu NSS Staff Advisor in collaboration with RRC, NSS, JACEP and Zoology Department. 67 students and 1 Non-teaching Staff benefited in this Camp.



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Periyakulam, Tamil Nadu 625605, India

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- ◆ On 15th August 2019, NSS Program Officers, NSS Saff Advisors and NSS Volunteers participated in the **Independence Day Program** in Thamaraiquam Govt. Higher Secondary School, Thamaraiquam Govt. Primary School and T. Kallipatti Govt. Higher Secondary School at 8 a.m. Independence day Speech, Skit, Mime and Patriotic Songs were given by the NSS Volunteers. National flag was hoisted by the NSS Program Officers and distributed prizes and sweets to the students.





- ◆ On 28th August 2019, NSS organized **Breast Feeding Week** combined with Extension and Zoology Department at 10a.m. Dr. Sr. S. Jesurani, the Principal and Dr. Sr. B. J. Queensly Jeyanthi, the Secretary gave felicitations. Mrs. Niraimathi, District Collector, Theni gave presidential address. Ms. P. Sathya, Health Department, Theni, Ms. S. Sanmugha Vadivu, District Social Welfare Offices, Theni, Mr. P. Meshak, Project Officer, NGO Theni gave special talk on **Breast Feeding**. Prizes were given to the winners of the Naturally Healthy Food and Healthy Child Competitions.





- ◆ On 29th August 2019, Launching of **Fit India Movement** by Honorable Prime Minister Mr. Narendra Modi at Indira Gandhi Indoor Stadium, New Delhi was telecasted in the Doordarshan from 10a.m. to 11.30a.m. All the NSS Volunteers watched the program in the JAC indoor auditorium. This program motivated the students to inculcate physical activity and sports through various cultural program for fitness. Fitness pledge was taken.



- ◆ On 30th August 2019, Escort Sarulatha, II BA Eng (SF) and D. Dhanapriya II B.Com(CA), NSS Volunteers were selected for the University level **Pre-Republic Day Parade Selection**. They participated for the University level Pre-Republic Day Parade Selection at St. Antony's Arts and Science College Dindigul from 10a.m. to 4p.m. Dr. M. Anusha Angel, NSS Program Officer accompanied the NSS Volunteers.



- ◆ On 31st August 2019, **Tree Plantation** was done in the college campus. Dr. Sr. S. Jesurani, the Principal and Dr. Sr. B. J. Queensly Jeyanthi, the Secretary inaugurated the program at 10a.m.



- ◆ On 31st August 2019, 200 NSS Vounteers along with Dr. Selvi and Mrs. Vimalajoice, NSS Program Officers **cleaned the pond** in Thamaraikulam. Rs. 5000/- was donated to

‘Vizhuthugal’ youth group for JCP Work in the pond. Dr. Sr. S. Jesurani, the Principal and Dr. Sr. B. J. Queensly Jeyanthi, the Secretary visited the work.



September – 2019

- ◆ On 3rd September 2019, In connection with ‘Poshan Maah 2019 – Nutrition Month’ Group Discussion and Skit programme was conducted on the topic **Nutritional Food** in Indoor Auditorium at 3 p.m. NSS Coordinator Rev. Dr. Sr. Fatima Mary Sylvia Inaugurated the programme. Skit performed by all the NSS Volunteers about Nutrition. All the NSS Program Officers guided the students to perform the activities.



- ◆ On 4th September 2019, under the auspicious of Mahatma Gandhiji's 150th Birthday Celebration saplings were planted by NSS Volunteers in JAC ground. Dr. Sr. Fatima Mary Sylvia & Mrs. M. Aakina Barveen, NSS Program Officers and Mrs. V. Anitha & Mrs. D. Abinaya, NSS Staff Advisors planted the saplings with NSS Volunteers.



- ◆ On 6th September 2019, **motivation** was given to NSS Volunteers to make ‘**Kitchen Garden**’. Dr. Sr. Fatima Mary Sylvia and Dr. Mrs. D. Selvi, the NSS Program Officers and Ms. S. Suseela, the NSS Staff Advisor instructed the NSS Volunteers about ‘Kitchen Garden’.



- ◆ On 7th September 2019,
 - Campus **Cleaning** was done by all the I year NSS Volunteers from 2 p.m. to 3 p.m.
 - NSS Program Officers had taken **classes** for II year NSS Volunteers on the topic ‘Environment’.



On 12th September 2019 ‘Special Talk on Nutritional Food’ was given by **Dr. Selvaraj, M.B.B.S.,** Vadugapatti to all the NSS Volunteers in the St. Joachim Open Auditoriam at 3 p.m. The programme was organized by Dr. Sr. Fatima Mary Sylvia and Mrs. Aakina Barveen, the NSS Program Officers. Dr. Selvaraj, M.B.B.S., cleared all the health related doubts of the NSS Volunteers.



- ◆ On 24th September 2019, on account of celebrating the **Golden Jubilee year of NSS Day**, **One Day Camp** was organized to desilt the **Thamaraikulam pond** by all the NSS Volunteers. The one day program was inaugurated by Dr. Sr. S. Jesurani, the Principal and Dr. Sr. B. J. Queensly Jeyanthi, the Secretary. Mr. Pandi, the Co-ordinator of the Thamaraikulam pond desilting, Mr. Sangilithurai, the Secretary of Viluthugal Ilangar Mantram, Mr. Thatchinamoorthi from Rotary Club, Mr. Peyathevan, Co-ordinator, DRDA, District Collectorate, Mr. Saravanan, Shri Guru Dakshinamurthy Seva Sangam, Mr. Rambabu from Nehru Yuva Kendra felicitated the NSS Volunteers on ‘Water Management’. NSS volunteers actively cleaned all the polythene covers and others waste materials in the pond. Lunch was provided to all the participants.



- ◆ On 25th September 2019, ‘Poshan Abiyan’ program was conducted at 3.00 p.m. Mrs. Helen Rose, District Project Officer, Child Development, Theni District gave Special talk on

‘Nutritious food’. All the NSS Volunteers took the **Oath on ‘Nutritional Food’** The programme was organized by Rev. Dr. Sr. Fatima Mary Sylvia and Mrs. Aakina Barveen, the NSS Program Officers. Ms. Mayilammal, Child Development project Officer, Theni, Ms. Vishnu Priya, Child Development project Officer, Periyakulam and Mr. Muthupandi, District Co-ordinator, Theni participated in this programme.



October– 2019

- ◆ On 1st October, 2019. **International Elders Day** was celebrated by the NSS volunteers in the Old Age Home from the Jayaraj Annapackiam College for Women.



- On 2.10.2019, all the NSS Volunteers of Jayaraj Annapackiam College, Periyakulam celebrated Mahatma Gandhi's 150th birth anniversary in a grand manner along with Corporation (Sanitary Department) - Periyakulam, under the scheme FIT India Movement and Swachhata Hi Seva (SHS). Rally was started from the Periyakulam Bus Stand. Thiru. V. Thilham, Additional District Judge, Periyakulam, Theni District inaugurated the programme. Dr. Sr. R. Fatima Mary Sylvia and Mrs. Vimala Joice, NSS Program Officers organized the programme.
- All the NSS Volunteers walked through roads, markets and houses and recited the slogans on 'Polythene free environment'. They cleaned the polythene wastes on the sides. After 1 hour walk, the rally was ended in the Corporation (Sanitary Department) – Periyakulam, Theni District. In the closing function, all the NSS Volunteers took oath on 'Clean India'.



- ◆ On 3rd October, 2019. In connection with Gandhiji's 150th birth anniversary Gandhi film was screened in the indoor auditorium.



- ◆ On 5th October, 2019. Campus cleaning was done by all the NSS Volunteers.



- ◆ On 15.10.2019, in remembrance of the birthday of Dr. A. P. J. Abdul Kalam, Former President, ‘Youth Awakening Day 2019’ was celebrated in St. Anne’s Indoor Auditorium, by the NSS Volunteers of Jayaraj Annapackiam College for women (Autonomous), Periyakulam at 3p.m. Guest lecture was organized on the topic “Dr. A. B. J. Abdul Kalam the Hero of Youth”. NSS Program Officer, Dr. K. Sakaya Gracy, Assistant Professor of Tamil motivated the youth by her talk. 700 NSS Volunteers were attended. Short film of “Dr. A. B. J. Abdul Kalam” was screened.



- ◆ On 16th October, 2019. Dr. V. Shanthi, Associate Professor of Zoology and Mrs. M. Aakina Barveen, Assistant Professor of Commerce attended the district level Consultative meet on UBA at CPA College, Bodinayakanur.

- ◆ On 17th October 2019. NSS Volunteers went a rally from Jayaraj Annapackiam College for Women to Thamaraikulam Panchayat to give awareness for Dengu at 3.00pm.
- ◆ On 18th October, 2019. Campus cleaning was done by all the NSS Volunteers

November– 2019

- ◆ On 30th November 2019, NSS of Jayaraj Annapackiam College celebrated ‘70th Anniversary of the adaptation of the Constitution ’ in the Ave Maria Conference Hall at 2p.m. A special talk on ‘Preamble and the Constitution of India’ was given by **Mrs. Jasmine Selva Packiam, Lawyer** and HOD of Department of Business Administration to all NSS Volunteers. Quiz competition was conducted on ‘Preamble and the Constitution of India’. Dr. Sr. Fatima Mary Sylvia, NSS Co-ordinator gave prizes to the prize winners. Mrs.K. Rani, NSS Program Officers organized this program and gave vote of thanks.



December – 2019

- ◆ On 3rd December, 2019. **World Disabled Day**, was celebrated by the NSS volunteers in the Day Star, Jayaraj Annapackiam College for Women. Rev. Sr. Deepa, Co-Ordinator of

Day Star, presided over the program. Dance was performed by the NSS volunteers. Finally distributed biscuits to Day Star Students.



- ◆ On 11th December, 2019. NSS organised a **Welfare and Maintenance of Senior Citizen.** NSS Program Officers and Volunteers went to **Old Age Home “Anbillam”** at 4.00pm. The program started with prayer song. The students from Jayaraj Annapackiam College for Women performed Dance and Drama. Rev. Sr. Dr. Fathima Mary Sylvia gave a message. Finally cakes and biscuits were distributed.





- ◆ On 16th December, 2019. One day camp was organised on ‘**Empowering Differently abled Persons**’ in collaboration with St. Anne’s Sisters working for 13 Special School Children in all over India. Mother General, Provincial, Councillors and Chief Guest Mr. Hemath, Principal, Secretary participated in this programme. Various sports events were conducted. Such as 50mts, 100mts Running, water filling in bottle, potato collection, Lemon and Spoon, Throw Ball, Shot put etc. Various cultural activities were conducted such as Group Dance, Fancy Dress, Speech, Solo Song and Solo Dance were performed by the special children. Finally prizes were distributed.

